

Questions Asked on the Parents Observing Infant Sleep Form

Basic Information:

- Infant's Date of Birth
- Gestational Age at Birth
- Child's Gender
- Current Body Weight (pounds or kilos)
- Country of Residence
- Ethnic / Racial / Tribal Affiliation
- Primary language spoken at home
- Relationship to child
- Has your child been diagnosed with a developmental disorder?
- If yes, indicate disorder(s)
- Does your child have siblings?
- Does your child have one or more biological siblings with any of the following disorders?
- If yes, indicate disorder(s)

Sleep Information:

- Does your child sleep during the day?
- How many naps does your child take each day?
- What is the average duration of a typical daytime nap (in hours)?
- Does your child sleep through the night without interruption?
- What is the average duration of sleep for a typical night?
- In total, how many hours does your child sleep in a 24-hour period?
- Do you co-sleep with your child?

Twitch Information:

- Having watched the tutorial, have you ever noticed twitches in your child?
- Do you swaddle your baby or use any other sleeping device that might limit your view of their arms, legs, fingers, or toes?
- Has your child produced twitches in any of these body parts over the past two weeks?

Additional Information:

- When held against your shoulder, your child holds his/her head steady while you walk or bend down.
- When sitting on the floor or in a chair, your child shakes small toys (e.g., rattle) without losing balance.
- When sitting on the floor or in a chair, your child picks up small objects (e.g., cheerios) using his/her index finger and thumb.
- While sitting on your lap or in a high chair or car seat, your child follows a person or object by turning his/her head slightly.
- While sitting on your lap or in a high chair or car seat, your child extends his/her arms towards an object that is close by.
- While playing, your child walks backwards for 5 or more steps.
- When placed in front of a flight of stairs, your child creeps up the stairs independently.
- When placed into a standing position, your child walks 4 or 5 steps independently with arms raised.
- When asked to find or show an item, your child can find identical items (e.g., "this is your spoon, where is my spoon?").
- When placed into a standing position, your child stands alone for a few seconds without help.
- When sitting on the floor or in a small chair, your child holds one toy in each hand and bangs them together.
- When held up against your shoulder, your child holds his/her head steady when looking around.